NBCC Joins Forces With Continuing Education Providers

The National Board for Certified Counselors (NBCC) has partnered with the White House’s Joining Forces initiative (www.joiningforces.gov), a national initiative to assist military families. NBCC’s Board of Directors has pledged to make training and education in culturally and clinically appropriate care for service members, veterans and their families easily accessible and affordable to the more than 52,000 National Certified Counselors (NCCs). NBCC is honored to participate in this effort and asks NBCC Approved Continuing Education Providers (ACEPs) to help fulfill this pledge.

ACEPs play an integral role in the counseling profession by focusing on professional identity, counseling trends, and developing current and relevant programming to help NCCs meet the needs of their clients. NBCC is inviting ACEPs to assist NBCC in this new and unique opportunity to help counselors find quality affordable continuing education so that they can better provide mental health services to our nation’s service members, veterans and their families.

NBCC lists all ACEPs online, at www.nbcc.org/CESearch, with direct links to their specific continuing education Web sites. Beginning summer 2014, NBCC will also highlight organizations that commit to offer quality, affordable NBCC-approved clock hours designed to aid in the Joining Forces initiative.

ACEPs committing to participate with NBCC and the Joining Forces initiative sign a pledge to do two or more of the following:

- Offer programs to increase awareness about military culture and the mental health needs of service members, veterans and their families;
- Offer programs on evidence-based treatments that have proven effective when working with issues that are prominent with service members, veterans and their families, including but not limited to post-traumatic stress disorder, traumatic brain injury, secondary stress, trauma, survivor guilt, grief and addiction, as well as family issues such as abandonment, anxiety, grief and domestic violence;

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How Is the *DSM-5* Affecting NBCC’s Examinations?

In January, the examination committees for both the National Counselor Examination for Licensure and Certification (NCE) and the National Clinical Mental Health Counseling Examination (NCMHCE) reviewed the current versions of these examinations. Their primary objective was to update the items to make the language consistent with the fifth edition of the *Diagnostic and Statistical Manual of Mental Disorders (DSM-5)*.

NBCC is pleased to report that there were no major structural changes to either the NCE or the NCMHCE as a result of the *DSM-5*. There were no changes to the framework or the competencies of either examination. The knowledge assessed is common to both manuals. Modifications to the examination content involved changes in diagnostic terminology only.

What does that mean for examinees who are preparing to take an NBCC examination? While the number of items regarding the *DSM-5* will not increase, the new edition does contain new diagnostic terminology, so reviewing the differences between the two editions may be helpful.

The changes to both the NCE and NCMHCE are effective April 1, 2014.

The Counselor Preparation Comprehensive Examination (CPCE) will receive a similar update to reflect the *DSM-5* later this year.

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**Share Your Story as an NCC**

NBCC is looking for NCCs to share their stories in *The National Certified Counselor*. Take this opportunity to share with your colleagues how the NCC certification has impacted your career or how you, as an NCC, have enhanced the profession or otherwise made a difference. This could be a summary of your career or a highlight of a particular accomplishment. If you are interested in being profiled in *The National Certified Counselor* and would like more information, please contact newsletter@nbcc.org with the subject line “NCC profile.”

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**NBCC Joins Forces With Continuing Education Providers**

- Provide resources to schools and universities regarding the mental health needs of service members, veterans and their families;
- Offer discounts for programs specific to helping train counselors on the mental health needs of service members, veterans and their families; and
- Offer tangible and user-friendly resources for counselors to aid their clients with military-related mental health concerns.

By making this commitment, ACEPs can help to train the NCCs who are addressing the mental and emotional needs of service members, veterans and their families. NCCs will also be able to quickly and easily access affordable continuing education from approved providers so that they can meet the ever-growing needs of these clients who have given so much.

Please contact continuinged@nbcc.org with any questions about this commitment.
The Professional Counselor (TPC) has expanded greatly since its inception four years ago, with a steady increase in manuscript submissions and the addition of special issues. To support the journal’s growth, the TPC staff and editorial board have expanded as well. TPC is pleased to announce the addition of Verl T. Pope as an associate editor in 2013. Dr. Pope has served on the TPC editorial board since the journal began.

Dr. Pope is professor of counseling and chair of the Department of Counseling, Social Work and Leadership at Northern Kentucky University. He received his counseling education at Idaho State University. With clinical experience in both public and private agencies, Dr. Pope has served as a consultant regarding clinical issues, assessment for school systems and the court system, and university accreditation. In addition, Dr. Pope contributes to the counseling profession through service on state and national committees, editorial board service, publications and presentations. His experience and leadership within the counseling profession enhance his exceptional writing and editing abilities. The other TPC staff members are proud to work with Dr. Pope to help direct the future of counseling literature.

LATEST ARTICLES

Volume 3, Issue 3

- A Therapeutic Approach for Treating Chronic Illness and Disability Among College Students
  Katie L. Haemmelmann and Mary-Catherine McClain

- Examining the Theory of Historical Trauma Among Native Americans
  Kathleen Brown-Rice

- Collaborating With the Peace Corps to Maximize Student Learning in Group Counseling
  Simone Lambert and Emily Goodman-Scott

- Treatment Fit: A Description and Demonstration via Video of a Brief and Functional Treatment Fit Model
  Russ Curtis, Heather Thompson, Gerald A. Juhnke and Melodie H. Frick

- The Relationship Between Counselors and Their State Professional Association: Exploring Counselor Professional Identity
  Monica G. Darcy and Nahid M. Abed-Faghri

- Integrating Motivational Interviewing Into a Basic Counseling Skills Course to Enhance Counseling Self-Efficacy
  Melanie H. Iarussi, Jessica M. Tyler, Sarah Littlebear and Michelle S. Hinkle

- Identifying Role Diffusion in School Counseling
  Randall L. Astramovich, Wendy J. Hoskins, Antonio P. Gutierrez and Kerry A. Bartlett

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NBCC Announces Grant for Programs Seeking CACREP Accreditation

On February 1, 2014, the National Board for Certified Counselors and Affiliates (NBCC) launched a unique assistance initiative for regionally accredited institutions seeking first-time accreditation from the Council for Accreditation of Counseling & Related Educational Programs (CACREP) for master’s-level counseling programs. Institutions with tracks currently approved by CACREP are not eligible at this time.

As counselors are increasingly met with federally mandated requirements for education, NBCC has recognized that it can help schools that are considering accreditation. Assisting schools with funding to better establish counselor professional identity has become an important part of NBCC’s commitment.

Funds will be awarded to university programs in three phases: $2,500 for the preapplication phase, $2,500 for the application phase and $4,000 for the site visit phase. These phases coincide with the seven steps of the CACREP accreditation process. Institutions can submit an initial application for this grant during the first two phases. Institutions that successfully complete one phase will be eligible for funds for the subsequent phases. Fifteen CACREP accreditation assistance grants will be available in the first year.

The application period for the 2014–2015 academic year opened February 1, 2014, and closes May 15, 2014. The grant application and instructions are available at www.nbcc.org/faculty. For questions about the grant and application process, please contact campusinquiry@nbcc.org.

NBCC ETHICS DEPARTMENT NEWS

Ethics Disclosures

NBCC reminds all National Certified Counselors (NCCs) that they must provide written disclosure to NBCC within 60 days of becoming the subject of any legal, criminal or disciplinary matter. This includes any public or private complaint, investigation or professional disciplinary action involving a licensure board or membership organization; a criminal charge; or any civil or other legal action.

For more information or to view NBCC’s Code of Ethics, visit www.nbcc.org/ethics.

Therapy Directory Offer Still Available!

Click the Psychology Today icon at the bottom of the NBCC home page for information on the Therapy Directory or a subscription to the magazine!

Visit www.nbcc.org today!
TPC Announces Upcoming Special Issues

Special Issue: DSM-5

The release of the fifth edition of the Diagnostic and Statistical Manual of Mental Disorders (DSM-5) has initiated changes across the counseling profession. This topic is significant enough to merit a special issue. With the assistance of guest editor Dr. Matthew R. Buckley, TPC will publish a special issue on the DSM-5 in the summer of 2014 to mark the one-year anniversary of the American Psychiatric Association’s release of the updated manual.

Special Issue: Counseling the Military

TPC is pleased to support service members, veterans and their families with a special issue in spring 2014 dedicated to counseling the military. Guest editor Dr. Stephen Sharp teamed up with TPC to support this important cause. Please visit the TPC Web site at http://tcpjournal.nbcc.org to read the special issue and for information about earning continuing education credit for reading these articles.

Special Issue: Counseling Children With Special Needs

TPC strives to provide up-to-date information for the counselor educator and practitioner. Children with special needs require the support of counselors within the school system and the community, as well as counseling researchers to explore the needs of this population. TPC announces that a special issue will be released in early 2015 on counseling children with special needs. Submissions are due September 1, 2014. Visit http://tcpjournal.nbcc.org for submission guidelines. For more information, please e-mail TPCjournal@nbcc.org.

TPC in Brief

• The Black Gender Gap: A Commentary on Intimacy and Identity Issues of Black College Women
  Wilma J. Henry
  Volume 4, Issue 1

  • Population-Based Mental Health Facilitation (MHF): A Grassroots Strategy That Works
  J. Scott Hinkle

  • Integrating Left-Brain and Right-Brain: The Neuroscience of Effective Counseling
  Thomas A. Field

More articles coming soon.

LATEST BOOK REVIEWS

Clinician’s Guide to Psychological Assessment and Testing
Reviewed by: Joseph P. Jordan

Conceptualization and Treatment Planning for Effective Helping
Reviewed by: Raul Machuca

Counseling Individuals with Life-Threatening Illness
Reviewed by: Rebecca G. Cowan

LATEST VIDEO REVIEWS

ACT in Action (6-Video Series)
Reviewed by: Mary Catherine McClain
In the fall of 2013, The Professional Counselor (TPC) announced the first annual Dissertation Excellence Award and began receiving entries from across the United States. Current students and recent graduates were enthusiastic about the opportunity to receive recognition for their dissertations. Many of these doctorate-level alumni took on the investigator’s role for the first time, while facing insecurities around research competence and the desire to make a substantial mark on the counseling profession. The determination to contribute to the counseling profession in a meaningful way was evident among all the entries. This made selecting a standout dissertation a challenge for the award review committee.

The entries were evaluated based on the following criteria: presentation and clarity of ideas, sound methodology and interpretation of findings, innovative quality, and contribution to the counseling profession. After great deliberation, TPC is pleased to announce that Joel A. Lane is the recipient of the 2014 Dissertation Excellence Award for his dissertation, titled “The Impact of Attachment Working Models and Social Support on the Subjective and Psychological Well-Being of Emerging Adults in Transition: Testing a Theoretical Mediation Model.”

Dr. Lane received a $1,500 honorarium, and TPC will publish a peer-reviewed article based on the dissertation. Dr. Lane completed his doctoral studies at Oakland University in Detroit, Michigan, under the supervision of Robert S. Fink. According to Dr. Fink, “Dr. Lane’s dissertation demonstrates excellence at the conceptual, empirical and practical application levels.” Currently, Dr. Lane is an assistant professor in the Department of Counselor Education at Portland State University in Portland, Oregon.

TPC is pleased with the success of the first Dissertation Excellence Award and looks forward to recognizing outstanding dissertations for many years to come.

The Outstanding Scholar Award was created to recognize the most noteworthy article published in The Professional Counselor (TPC) each year. With two recipients to date, TPC has expanded the award to include two Outstanding Scholar Awards, one in each of two categories: concept/theory and quantitative or qualitative research.

The editorial board’s Outstanding Scholar Awards committee reviewed the TPC articles published in 2013. The committee selected the top articles in each category based on the following criteria: scholarly style, innovative and inventive material, and relevance to the counseling profession. TPC is pleased to announce the winners for each award.

The recipient of the 2013 Outstanding Scholar Award for Concept/Theory is Kathleen Brown-Rice for her article “Examining the Theory of Historical Trauma Among Native Americans.” Dr. Rice is an assistant professor at the University of South Dakota and a National Certified Counselor (NCC). Her research interests include professional counselor supervision and training with an emphasis on ethical considerations and cross-cultural supervision, Native American mental health and the implications of historical trauma, and the impact of substance use on individuals, families and the community.

The recipients of the 2013 Outstanding Scholar Award for Quantitative/Qualitative Research are Jeffrey M. Warren and Edwin...
NBCC at the 2014 ACA Conference: Come See Us at Booth 708

The annual American Counseling Association (ACA) conference provides a unique opportunity for NBCC staff members to meet NCCs from across the country and beyond. This year’s conference will take place March 27–30, in Honolulu, Hawaii. We hope you will visit NBCC at booth 708 for the latest news about NBCC International, *The Professional Counselor* online journal, the NBCC Foundation and more.

Who Will You Meet at Our Booth?

**Michelle Gross**, director of certification services—Michelle Gross coordinates the National Certified Counselor (NCC), Certified Clinical Mental Health Counselor (CCMHC), Master Addictions Counselor (MAC) and National Certified School Counselor (NCSC) certification programs. In addition to this, she oversees services for current certificants. Ms. Gross also manages the continuing education department at NBCC. She previously served as the managing editor for *The Professional Counselor*, NBCC’s professional online journal.

**Mona Olds**, senior graduate program liaison—Mona Olds has served as the coordinator of the NCC application options for participating universities for 10 years. She has long-standing relationships with faculty from hundreds of schools. Dr. Olds will be available to answer questions from faculty and graduate students about the application process and how they can take advantage of this opportunity for students to apply for national certification and take the National Counselor Examination for Licensure and Certification (NCE) while still enrolled.

**Callie Gordon**, continuing education coordinator—In her role as continuing education coordinator, Callie Gordon completes continuing education audits for NCCs. Ms. Gordon also reviews NBCC Approved Continuing Education Provider (ACEP) updates and renewals, as well as applications for ACEP status and single program approval. She has a wealth of information and can answer questions about maintaining or obtaining certification and ways to earn continuing education.

Pick Up Your Ribbon and Register for the Giveaway

**Get Your Ribbon**—Come by our booth to get your NCC ribbon and another for any NBCC specialty certification you hold (CCMHC, MAC, NCSC, NCCC or NCGC). There are now more than 52,000 NCCs, so you will see a lot of other counselors proudly displaying their ribbons in Honolulu. We hope you will take part in this long-standing tradition.

**Enter Our Drawing**—NBCC partners with Lockton Affinity to offer NCCs and graduate students who have applied for the NCC professional liability insurance at a reduced rate. Lockton invites all NCCs to shop for the best rates in liability insurance because they believe you will see what a great bargain Lockton offers. As a thank-you to NCCs, Lockton sponsors a drawing at the NBCC booth. Stop by and register for your chance to win!

Voluntary Audits

The NCCs listed below have completed and documented a minimum of 130 hours of continuing education activities in the five-year certification cycle. By doing so, they have demonstrated a dedication to excellence and professionalism.

NBCC congratulates these outstanding NCCs.

- **Amanda C. Baker**—Lutherville, MD
- **Ashley Harig**—Glen Burnie, MD
- **Ruth Pfaehler**—Grosse Pointe, MI
- **Stephanie Phillips**—Raleigh, NC
- **Linda Senich**—Niles, OH
- **LeeAnn Simmons**—Fairburn, GA
- **Susan Stuntzner**—Coeur d’Alene, ID
On January 17, President Obama signed the fiscal year (FY) 2014 omnibus appropriations bill (H.R. 3547). The bill passed both chambers in mid-January and funds the federal government through September. The bill increases mental health funding by $213 million, providing $1.33 billion for programs across the Substance Abuse and Mental Health Services Administration (SAMHSA). Included in the funding is $115 million for “Now Is the Time,” President Obama’s violence-prevention initiative.

The road to passage was not smooth, as the federal government was shut down for three weeks in October because Congress and the president could not agree on a bill. Finally, a short-term agreement was reached to fund the government through January 15 and extend the borrowing authority through February 17. With considerable compromise, the House and Senate were able to agree to and pass a two-year budget plan. The proposal marked a rare demonstration of bipartisanship, led by the budget committee chairs, Sens. Patty Murray (D-WA) and Paul Ryan (R-WI). The budget provided top-line spending figures that allowed the appropriations subcommittees to develop the omnibus spending bill.

Veterans

The omnibus contained many helpful provisions for counselors, including adoption of language that would add licensed professional mental health counselors (LPMHCs) to the Department of Veterans Affairs (VA) Office of Academic Affiliations’ Health Professionals Trainee Program, the VA's flagship recruitment program. The language was included in reports for both the House and Senate Military Construction, Veterans Affairs and Related Agencies appropriation bills. Both reports urge the VA to allow LPMHCs to participate in the program, and the Senate language directs the VA to provide a report on the status within 90 days from enactment of the law. The law was enacted when President Obama signed the omnibus bill, and the reports were incorporated by reference. While the reports are not law, agencies are loath to ignore direction provided by their congressional appropriators.

Although the report language cannot force change, NBCC is pursuing legislation to mandate LPMHC inclusion in the program. In June, Sen. Jon Tester (D-MT) introduced S. 1155, which includes a provision adding counselors to the trainee program. On November 19, S. 1155 was wrapped into an omnibus VA bill (S. 1581) and approved by the Senate Veterans Affairs Committee.


In addition to pursuing legislative strategies, NBCC is working with the VA to adopt internal policies encouraging counselor employment. NBCC met again with leadership from the VA Office of Mental Health Services and Office of Mental Health Operations to discuss VA job vacancies for counselors.

At the urging of NBCC, new LPMHC appointments have been made to the LPMHC Professional Standards Board (PSB). Due to existing VA appointment policy, the initial board was comprised of professionals predominantly from other disciplines (such as social workers and psychologists). The PSB is starting to replace these professionals with LPMHCs now that the counselors have had time to meet the appointment criteria.

Medicare

On December 5, Reps. Christopher Gibson (R-NY) and Mike Thompson (D-CA) introduced H.R. 3662. The bill is a companion to S. 562 and is the first stand-alone House Medicare bill since 2009. The bipartisan bill is an important step forward in the House of Representatives, providing a mechanism to show support for the legislation. NBCC and its coalition partners are meeting with congressional offices to grow cosponsorship of the legislation. A parallel process is underway in the Senate, which has increased support for S. 562 by 10 senators.

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The coalition made a big push to include its language in legislation to permanently fix the Medicare sustainable growth rate that was marked up by the Senate Finance Committee on December 12. Sen. Ron Wyden (D-OR) filed an amendment to add the counselor provision in an effort to get it wrapped into the chairman’s mark. Unfortunately, the provision did not make it into the substitute package, as only a handful of the 130 amendments were included in the final bill. NBCC will continue to push for inclusion as the proposal moves through Congress.

**SAMHSA Minority Fellowship Program**

NBCC’s lobbying for increased funding for the Minority Fellowship Program (MFP) paid off in the FY 2014 omnibus appropriations bill. Congress approved $10,695,000 for the program, an increase of $5 million. The MFP provides fellowships each year to diverse doctoral students in counseling in order to increase the number of professional counselors who have received advanced training and who are skilled in providing effective services to underserved populations. The NBCC Foundation awarded 24 fellowships in 2013 and is in the process of reviewing applications for 2014.

**Department of Defense**

NBCC’s effort to expand opportunities for counselors within the Department of Defense hit a road block at the end of 2013. NBCC was successful in including provisions promoting counselors in the House and Senate versions of the Fiscal Year 2014 National Defense Authorization Act (NDAA), but was not able to maintain the language in the final report. Proponents pressed for inclusion during negotiations, but could not overcome concern from the administration. NBCC will work with its congressional partners to revisit the issue in the FY 2015 NDAA.

**Mental Health Parity**

On November 8, 2013, the Department of Health and Human Services (HHS) released the final rule on mental health and substance use disorder parity. This rule implements the Mental Health Parity and Addiction Equity Act (MHPAEA) of 2008. These long-awaited rules ensure that health plan features such as co-pays, deductibles and visit limits are not more restrictive for mental health and substance use disorders than they are for medical and surgical issues. NCCs interested in learning more about the parity rules can find information at www.hhs.gov/news/press/2013pres/11/20131108b.html.

**NHSC Loan Repayment Program**

The National Health Service Corps (NHSC) Loan Repayment Program (LRP) is currently accepting applications for FY 2014 LRP awards. This program is open to licensed primary care medical, dental, mental and behavioral health providers, and licensed professional counselors who are employed or have accepted an offer of employment at an NHSC-approved site and will begin working by July 15, 2014. Awardees can receive up to $50,000 in exchange for two years of service if they practice in a health professional shortage area (HPSA). In FY 2013, a total of 4,505 awards were made (2,106 new and 2,399 continuations), totaling $169.7 million. The application is available at http://nhsc.hrsa.gov/downloads/lrpapplicationguidance.pdf.

National Certified Counselors who are interested in advocating for the counseling profession and receiving more communications on government relations activities are encouraged to join the NBCC grassroots network. To sign up, send an e-mail to advocacy@nbcc.org with “Grassroots” in the subject line and your contact information with NCC ID in the text.
Reduced Rate Professional Liability Insurance: A Benefit for NCCs

Professional counselor liability insurance helps protect counselors if they are accused of negligence or misconduct. Because of their close work with people, counselors are one of the many types of professionals who are subject to accusations of misconduct. Accusations and complaints from clients or others can become strenuous financially, professionally, personally and emotionally. It can be overwhelming to face these situations alone.

NBCC provides National Certified Counselors (NCCs) access to quality liability insurance through the NBCC-endorsed professional liability insurance program Lockton Health, administered by Lockton Affinity. Not only does the program offer reduced rates for NCCs, defense costs are covered (up to the limits you choose) and, if the need arises, legal counsel is furnished to represent you. Most important, you can practice with peace of mind knowing that you are not alone if a problem occurs.

NBCC also understands that career paths may take unforeseen turns. Providing our certificants with a reduced cost, quality insurance allows certificants to carry insurance with them throughout their careers, whether they are in private practice, working for an employer or transitioning. Employers often provide professional liability coverage for their employees that cover acts on the employer’s behalf. However, any coverage with a new employer may not cover claims arising from your previous employment. Years often lapse between events and subsequent litigation. Personal coverage allows you to choose the amount of insurance you need and travels with you.

The premium rates for NCCs through Lockton Health are very competitive. Visit the NBCC page at www.locktonmedicalliabilityinsurance.com/nbcc to receive a free quote. The process is fast and easy, and you do not have to provide any detailed personal information or even an e-mail address. NBCC encourages our certificants to explore the benefits of our partnership with Lockton Affinity.

Outstanding Scholar Awards Recipients

R. Gerler Jr. for their article “Effects of School Counselors’ Cognitive Behavioral Consultation on Irrational and Efficacy Beliefs of Elementary School Teachers.” Dr. Warren is an assistant professor of counselor education at the University of North Carolina at Pembroke. He cochaired the Research Quality Task Force for the Transforming School Counseling and College Access Interest Network (TSCCAIN) of the Association for Counselor Education. He is a National Certified Counselor (NCC) and a National Certified School Counselor (NCSC). Dr. Gerler is a professor of counselor education at North Carolina State University. He has served as editor-in-chief of two national counseling journals and was the founding editor of the Journal of School Violence and the founding coeditor of the online publication Meridian, a school computer technologies journal.

TPC is pleased to recognize these outstanding scholars. The first authors receive a $1,500 honorarium and each author receives a certificate of recognition. Visit the TPC Web site to read these outstanding articles.

SHARE YOUR NEWS!

If you would like to submit an item for NCC Network, refer to the guidelines and deadlines on our Web site.

www.nbcc.org/Newsletter/Submissions
Professional Counseling Certification Development in Mexico and Argentina

Counseling professionals in Mexico and Argentina continued their hard work and dedication to the development of their professional counseling certifications in 2013.

The Asociación Mexicana de Orientación Psicológica y Psicoterapia (AMOPP; Mexican Counseling and Psychotherapy Association) has administered their national certification examination twice and is working with NBCC International (NBCC-I) on its continued development. So far, AMOPP has granted the Orientador Certificado por AMOPP (OPCA; AMOPP Certified Counselor) certification to six professionals, and it is currently considering 45 more applications. AMOPP hopes to be able to develop specialty certifications in the near future.

The NBCC Argentina office administered the pilot for its national certification examination in November 2013. As a result, 14 applicants received the Counselor Certificado Nacional (CCN; National Certified Counselor) certification for the first time in that country. NBCC-I looks forward to continued collaboration in 2014 with professionals in these two countries, as well as others, in the development and strengthening of the counseling profession in Latin America.

Mental Health Facilitator Update

The Mental Health Facilitator (MHF) program continues to grow in both its application and reach. MHF has recently been introduced within three domestic higher education institutions—the University of Montana’s Department of Counselor Education; the College of Southern Idaho’s Health Sciences & Human Services Department; and Northern Illinois University’s Department of Counseling, Adult and Higher Education. Additional discussions with potential international and domestic partners are ongoing.

The Guidance, Counselling and Youth Development Centre for Africa (GCYDCA) continues to be a strong MHF partner. GCYDCA has requested that NBCC International (NBCC-I) conduct a master training in Malawi so that these additional trainers can assist GCYDCA in its ongoing efforts to expand the program in Malawi and in other African countries.

With support from the NBCC Foundation, NBCC-I is pleased to announce a domestic grant opportunity for the MHF program. MHF master trainers in the United States who are NCCs in good standing will be able to apply for grant funding to assist in offsetting costs related to individual MHF trainings in community organizations and schools that serve high-needs communities.

The MHF curriculum is also undergoing a series of revisions to update presentation methods and help meet the needs of specific populations. Several curricula will be developed and piloted before their official release. Additionally, a research team led by Dr. Melissa Luke, of Syracuse University (SU), completed data collection for the MHF program in Mexico in August. Collaborative teams from SU and NBCC-I are in the process of finishing interview transcriptions, and NBCC-I anticipates receiving qualitative and quantitative analysis for its MHF outcome research in the coming months.
Counseling Institutes in Argentina and Malawi a Success

NBCC International (NBCC-I) and Old Dominion University (ODU) recently cosponsored and co-organized two international counseling institutes. On October 24, 2013, nine counselors from across the United States traveled to Buenos Aires, Argentina. On January 24, 2014, 10 counselors traveled from their homes in the United States to Lilongwe, Malawi.

The purpose of these institutes is to assist counseling leaders in developing the counseling profession within their countries. ODU and NBCC-I introduce experienced U.S. counselors to local leaders and develop understanding of the local counseling profession. Participants are encouraged to return to institute countries as volunteers to provide counseling, supervision, consultation or counselor education services for extended periods.

In Argentina, participants were greeted by representatives from Escuela Humanística Lic. A. Sánchez Bodas – Holos San Isidro (A. Sanchez Bodas Humanistic School – Holos San Isidro), Consultora Orientándome (Orienting Myself Consulting Agency), Fundación Volviendo a Casa (Coming Back Home Foundation) and Centro para las Adicciones del Hospital Ramón Carrillo (Ramon Carrillo Hospital Center for Addictions). They had opportunities to observe counseling sessions with diverse populations, including young adults with addiction disorders, incarcerated women with small children, older adults affected by dementia, and displaced and unemployed adults who had been recently released from prison. At Holos San Isidro, they were invited to participate in counseling classes, as well as conduct seminars on counseling topics of interest for diverse audiences.

In Malawi, participants had the honor of meeting with Her Excellency Dr. Joyce Banda, president of the Republic of Malawi, at the Office of the President and the Cabinet in Lilongwe. They were hosted by the staff of the Guidance, Counselling and Youth Development Centre for Africa (GCYDCA). GCYDCA staff members identified priority programs for collaboration, including the evaluation of their current counseling degree program and the development of a master’s degree in counseling, development of marketing and membership procedures for the African Association for Counsellors, consultation on GCYDCA administration and marketing, staff training, and clinical supervision. Many participants traveled to primary and secondary schools to consult with teachers, guidance counselors, and students.

Counselor-in-Residence Update

In November 2013, the National Board for Certified Counselors (NBCC) hosted Mohamed Fadzil Bin Che Din and Wan Marzuki Bin Wan Jaafar, counselor educators and members of the Malaysian Board of Counsellors, as NBCC International Counselors-in-Residence (CIRs) at NBCC headquarters in Greensboro, North Carolina. During their stay, Dr. Fadzil and Dr. Wan presented on the history and future of counseling in Malaysia; took part in meetings with local counselor educators and NBCC staff members to discuss credentials, ethics and adjudication processes for the Malaysian counseling context; and visited sites of cultural significance in North Carolina.

Dr. Fadzil, president of the Board of Counsellors in Malaysia, was...
EBCC Expands Counseling in Europe

The European Board for Certified Counselors (EBCC) is a European-established nonprofit organization that serves as the regional hub for NBCC International (NBCC-I) activities in Europe. NBCC-I and EBCC collaborate in a number of ways with leaders in diverse countries and are always open to proposals that expand the counseling profession.

EBCC’s goal is to support European countries in their efforts to develop a strong profession, from the establishment of standards of practice and procedures to the creation of a national credentialing system. EBCC functions as a clearinghouse for any inquiries of a regional nature related to certification, education, training and professional standards in counseling.

The majority of collaborations center on three programs: the Global Career Development Facilitator (GCDF) credential, the Certified Supervision Professional (CSP) credential and the Mental Health Facilitator (MHF) training program. In developing these programs, EBCC partners with universities and organizations to adapt the curricula to a country’s specific needs and to administer the programs.

EBCC encourages and supports the NBCC national offices and the partners in Europe to work together to create valuable educational programs in areas of specialization such as career development and counseling, school counseling, mental health counseling, and others that are most useful to countries’ specific needs. At this time, the countries that have an NBCC national office are (in order of creation): Romania, Bulgaria, Germany and Greece. EBCC has formal agreements with other countries that have not created an NBCC office, yet still try to promote counseling activities through other means, such as administrating the credentials mentioned above, organizing educational events and programs, and networking at the national and international levels. Cyprus, Hungary, Macedonia and Portugal are such countries.

Currently, EBCC is working to establish the GCDF credential in Hungary; to launch MHF training pilot programs in Greece, Macedonia and Portugal; and to implement the CSP credential. EBCC is also supporting lobbying efforts to promote the counseling profession in Romania.

EBCC is committed to coordinating and fostering counseling certification, training and professional development, relying on NBCC’s more than 25 years of experience in developing and administering certification as a quality-assurance mechanism.

For more information about EBCC, visit www.europeanbcc.eu.

Mission Statement

EBCC promotes:
• The value of counseling.
• Professionalism in counseling.
• Quality assurance in counseling practice.
• Public awareness of quality counseling practice.
• The value of culturally sensitive counseling.
• Leadership in credentialing.
Counseling Institutes in Argentina and Malawi a Success

teachers and school administrators. Institute participants also participated in a mini-conference held at GCYDCA for local counselors and counseling students.

Ted Remley, professor in the Department of Counseling and Human Services at Old Dominion University, and Dr. Scott Hinkle, NBCC’s director of professional development, led the Argentina Institute. They were assisted by Dr. Nial Quinlan, adjunct professor in the Department of School Psychology and Counselor Education at the College of William and Mary, and Adriana Petrini, NBCC-I international programs coordinator. Dr. Wendi Schweiger, vice president of NBCC-I, and Dr. Bellah Kiteki, Walden University contributing faculty member, led the institute in Malawi.

NBCC-I and ODU thank Leticia Carrillo, Dr. Lacreitia Dye, Dr. David Fenell, Dr. Lindsey Nichols, Dr. Ade Santana Pellicier, Viridiana Pozos and Tanya Willson, who enthusiastically participated in the Argentina Tango Institute. NBCC-I and ODU also thank Dr. Kim Asner-Self, Amanda Brookshear, Dr. Leah Clarke, Dr. Lorraine Guth, Dr. Barry Jackson, Anita Jones, Antone Scott, Dr. Donna Shannon, Dr. Julie Strentzsch and Latricia Taylor for their amazing work and involvement in the Malawi Institute.

The institutes in Argentina and Malawi are the latest in this collaboration between ODU and NBCC-I. The first two took place in Bhutan in October 2011 and 2012 and were hosted by Respect, Educate, Nurture & Empower Women (RENEW) in Thimphu.

In describing the institutes, Dr. Remley says: “NBCC-I is supporting the development of the counseling profession throughout the world. These institutes are giving American counselors and counselor educators the opportunity to learn from counselors in other countries and contribute to the profession. I encourage NCCs to consider applying when future institutes are announced.”

NBCC-I will inform NCCs of future opportunities as additional institutes are announced.

Counselor-in-Residence Update

integral to the establishment of the Malaysia Counsellors Act of 1998. He also serves as the deputy vice chancellor for student affairs at the National Defense University of Malaysia and as an adjunct professor for guidance and counselling at Management and Science University (MSU).

Dr. Wan is the chairperson of curriculum standards, counselor registration and licensure for the Board of Counsellors in Malaysia. He is also a senior lecturer for the faculty of educational studies at University Putra Malaysia.

In addition to regulation, the Board of Counsellors in Malaysia manages professional counselor certification and registration, and the accreditation of counseling programs. NBCC-I looks forward to deepening its professional relationship with the Board of Counsellors and to continuing conversations about innovation and professionalization of counseling in Malaysia.

Dr. Wan Marzuki Bin Wan Jaafar
The Approved Clinical Supervisor (ACS) certification is now part of the counseling laws in 12 states. Alabama, Arizona, Arkansas, Georgia, Maine, Maryland, Nevada, New Jersey, Oregon, Rhode Island, South Dakota and Tennessee all recognize the value of the ACS by citing it in law.

To learn more about the ACS and other credentials and assessments, visit the Center for Credentialing & Education (CCE) at booth 706 at the American Counseling Association (ACA) conference, March 27–30, or visit www.cce-global.org.

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Presenter: Celine Saulnier, PhD
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The NBCC Foundation Congratulates 2013 Military and Rural Scholarship Recipients

Military Scholarship Recipients

Patrick J. Gallegos
Patrick Gallegos is both a student and graduate of the University of New Mexico, where he is pursuing a master’s degree in clinical mental health counseling. Having served in the Army for over 10 years, Mr. Gallegos has experienced firsthand as a mental health specialist the great need for increased and enhanced mental health care. Upon graduation, he intends to work as a counselor with veterans suffering from post-traumatic stress disorder (PTSD).

Laura M. Harper
Laura Harper is a graduate of Mississippi State University and is enrolled in the clinical mental health counseling master’s program at Gannon University. She first felt a calling to become a counselor during her multiple deployments to Iraq and Afghanistan as a staff sergeant in the Air Force. She plans to work within the Department of Veterans Affairs, helping her fellow men and women in uniform manage the stress of everyday life and cope with the mental challenges of military service.

Andria N. Hollingshead
Andria Hollingshead is a graduate of University of Maryland University College and is enrolled in the clinical mental health counseling master’s program at the University of Nebraska at Kearney. After high school, she found her niche in the Army, where she served for over 12 years. Upon completion of her counseling degree, she hopes to work as a substance abuse counselor within the Department of Veterans Affairs.

Alison N. Long
Alison Long is a graduate of University of Maryland University College and is pursuing a master’s degree in clinical mental health counseling at Regent University. Ms. Long’s passion has always been helping others, so after leaving active service in the Air Force as a weather forecaster, she decided to become a counselor and give back to the military community. After graduation, she plans to work directly with veterans, serving their needs.

continued on page 19
Jennifer J. Sluga
Jennifer Sluga is a graduate of the University of Wisconsin at Madison and is pursuing a master’s degree in counseling at the University of Wisconsin at Whitewater. A traumatic experience in the Army and a work-study program in a veterans hospital led her to pursue a career in counseling. She hopes to obtain a position with the Department of Veterans Affairs after graduation so that she can serve fellow veterans.

Orion D. Wirick
Orion Wirick is a graduate of University of Maryland University College and is enrolled in the master’s of counseling program at the University of Texas at San Antonio. Currently on active duty as a master sergeant in the Air Force, Mr. Wirick has proudly served his country for over 18 years. He looks forward to transitioning to his second career as a counselor serving the large military population in the San Antonio area.

Rebecca L. Caldwell
Rebecca Caldwell is both a graduate and student at Eastern Kentucky University, pursuing a master’s degree in school counseling. Born and raised in London, Kentucky, she is committed to serving her rural hometown as a school counselor upon graduation. In her work, she plans to address specific issues that plague her community, such as poverty and substance abuse.

Jennifer M. Doherty
Jennifer Doherty is a graduate of the State University of New York at Oneonta and is pursuing a master’s degree in mental health counseling at Walden University. Currently employed as a senior case manager in her rural upstate New York town, she plans to provide the best counseling services possible after graduation. As a counselor, her goal will be to give clients the tools and supports to move forward in life and make meaningful change.

Amber L. Knaffle
Amber Knaffle is pursuing a master’s degree in mental health counseling at Walden University and is a graduate of Central Michigan University. A proud native and resident of Cheboygan, Michigan, she is dedicated to supporting her community as a counselor. After graduation, she looks forward to opening a counseling center and expressive arts studio and providing these needed services to her small town.

Rural Scholarship Recipients

continued on page 20
The NBCC Foundation
Announces 2014 Minority, Military and Rural Scholarship Recipients

The NBCC Foundation is pleased to announce the 2014 minority, military and rural scholarship recipients. These 18 Scholars were selected from 278 applicants through a very competitive process. The minority scholarship is the newest addition to the program, and the Foundation has been able to offer it as a direct result of continued support from donors.

**Congratulations, Minority Scholars**
Khadijah Bradford, Governors State University
Desiree Godfrey, Southeastern Louisiana University
Jennifer Miller, Regis University
Natasha Moharter, University of New Mexico
Jessica J. Ordonez, University of North Carolina at Charlotte
Kim Singh, Xavier University

**Congratulations, Military Scholars**
Michelle Adams, Loyola University
Maria A. Cicio, Loyola University
Joy McCrady, Loyola University
Onyema Okorie, Capella University
Elizabeth Sherr, Regis University
Derek Smith, Jacksonville State University

**Congratulations, Rural Scholars**
Sheena Freeman, Walden University
Courtney Koch, MidAmerica Nazarene University
Lucy Kyne, Sonoma State University
Bonnie McClurd, University of North Georgia
Collin R. Nordby, Indiana University of Pennsylvania
Dorice Timko, University of Southern Maine

**Regina H. Moore**
Regina Moore is a graduate of North Carolina Wesleyan College and is enrolled in North Carolina Agricultural and Technical State University’s school counseling master’s program. Having grown up in Davidson County, North Carolina, she is currently giving back to her hometown by working as a graduation coach in a local school. After graduation, she looks forward to continuing to serve her area as a school counselor, inspiring students to achieve their dreams.

**Donna Miller Parks**
Donna Parks is a graduate of Ashford University and is enrolled in Capella University’s mental health counseling master’s degree program. A 20-year resident of a rural and remote area in Arkansas, Ms. Parks has already served her community for many years as a mental health paraprofessional. She has accepted a job offer and is excited to serve her small town as a counselor upon graduation.

**Erica L. Perry**
Erica Perry is a graduate of the University of Pittsburgh and is pursuing a master’s degree in school counseling at Slippery Rock University. Although she was raised in the suburbs of Pittsburgh, Ms. Perry has a deep love for rural areas and the people of those communities. Ms. Perry is currently serving her rural community through her practicum at a local school. Upon graduation, she plans to obtain a position as a school counselor in a nearby rural area.
The NBCC Foundation recently awarded the first two international Global Career Develop Facilitator (GCDF) scholarships to Ileana Luminita Balasoiu and Madalina Zaharia, both of Bucharest, Romania. The domestic GCDF scholarship was awarded to Angela Robinson of Moncks Corner, South Carolina. Each of the three students, who are currently involved in the GCDF program, received a $5,000 scholarship to support their counseling education.

The Romanian award ceremony took place at an international conference in Bucharest, Romania, and the ceremony for Ms. Robinson took place at The Citadel, in Charleston, South Carolina.

Ms. Balasoiu received her undergraduate degree in educational sciences at the University of Bucharest, where she is pursuing a master’s degree in school counseling and career development and is enrolled in the GCDF training program. She currently works as a kindergarten teacher, but looks forward to practicing as a career counselor in order to further develop the profession in Romania.

Ms. Robinson received her B.A. in English from the University of South Carolina and her M.S. in English from the State University of New York at New Paltz. She is currently pursuing a master’s degree in secondary school counseling at The Citadel. She obtained the GCDF credential in 2007 because she wants to provide meaningful assistance to students in preparation for life after high school.

Ms. Zaharia is pursuing a master’s degree in school counseling and career development at the University of Bucharest, where she is also enrolled in the GCDF training program. While she pursues her education for a future counseling career, Ms. Zaharia also conducts courses for children and teachers on storytelling as an educational tool, through the organization she started.

The NBCC Foundation thanks our corporate sponsor the Center for Credentialing & Education (CCE) for financial support of the GCDF scholarships.
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NBCC FOUNDATION DONORS

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Mr. Fred L. Adair Jr. in honor of Fred Adair
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Mr. Shawn W. O’Brien in honor of counselors who work with patients with chronic disease
Ms. Deena M. Perdicho in honor of those “underserved, never-served” and who will be served domestically and abroad
Dr. Richard Percy in honor of Fred Adair

Corporate Donors

Center for Credentialing & Education
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The NBCC Foundation was pleased to partner with #GivingTuesday in 2013 to bring counseling to this national day of charitable giving for the first time. Giving Tuesday occurs annually on the Tuesday following Thanksgiving, Black Friday and Cyber Monday.

According to Blackbaud, a provider of cloud-based donor management software, online giving on December 3, 2013, (Giving Tuesday) increased 90 percent compared to the first Giving Tuesday in 2012. The Foundation’s Giving Tuesday campaign ran from October 1 to December 31, during which nearly 200 new donors and volunteers joined the Foundation’s efforts, surpassing the goal of $10,000 by mid-December. The Foundation thanks all the generous donors who helped bring counseling to #GivingTuesday, and looks forward to an even more impressive outcome next year.
Lynnée Michelle Ryan has served as a volunteer reviewer for the NBCC Foundation’s 2013 Global Career Development Facilitator (GCDF) scholarship and the 2014 rural scholarship. She is a National Certified Counselor (NCC) and a licensed professional counselor in North Carolina and Illinois, and recently earned her Doctor of Education in educational leadership with an emphasis in higher education. Her undergraduate degree was in speech communications and education, and she earned her master’s in counseling from Chicago State University. Dr. Ryan is particularly interested in teaching online and continuing to provide mental health counseling services. Prior to relocating to North Carolina, she worked as a guidance counselor in the Chicago Public Schools. Currently, she works as an academic counselor at North Carolina Central University and a part-time mental health counselor. She enjoys reading, exercising, traveling and going to the farmers market.

In speaking of her experience as a volunteer reviewer for the NBCC Foundation, Dr. Ryan says: “I enjoyed the experience. The [software] used to answer questions about the candidates was extremely user-friendly. Because the process was streamlined, reviewing the applications and providing feedback was not arduous; in fact, it was quite enjoyable. This was not a daunting task, but an enjoyable one. The online training I received was extremely helpful and detailed. The training was interactive, and I liked the format. It was nice to be able to hear and see some of the other reviewers.”

The NBCC Foundation wants to know how you plan to celebrate Mental Health Month this May. We will be highlighting events that are geared toward positive change in underserved communities around the globe. We are especially interested in recognizing the efforts of NCCs and donors.

E-mail us at foundation@nbcc.org or post to our Facebook page at www.facebook.com/NBCCFoundation.
The NBCC Foundation is pleased to announce the successful completion of the application phase for the second round of the National Board for Certified Counselors Minority Fellowship Program (NBCC MFP). The 22 Fellows will be announced by May 1, 2014. The application period for the third round of the NBCC MFP will open on December 1, 2014, and will close on January 31, 2015. The Foundation will seek volunteer MFP mentors for the third round of Fellows in January 2015.

The NBCC MFP is made possible by a grant awarded to NBCC by the Substance Abuse and Mental Health Services Administration (SAMHSA) in August 2012. The Foundation is contracted by NBCC to administer the NBCC MFP, as well as training and collaboration activities that are open to all National Certified Counselors. The goal of the program is to strengthen the infrastructure that engages diverse individuals in counseling and increases the number of professional counselors providing effective, culturally competent services to underserved populations.

The Colorado Trust is a health foundation dedicated to achieving health equity so that all Coloradans have a fair and equal opportunity to lead healthy, productive lives regardless of race, ethnicity, income or location of residence (learn more at www.coloradotrust.org). The NBCC Foundation is proud to partner with The Colorado Trust to make mental health care more accessible by providing scholarships to four counselors-in-training who commit to serve Colorado’s rural or minority communities after graduation. These scholars will receive additional training and mentoring to help them sustain these counseling resources.

The NBCC Foundation is working to provide scholarships for every educational institution in the country with counseling programs accredited by the Council for Accreditation of Counseling & Related Educational Programs (CACREP). To be a part of the Colorado effort, visit the Colorado First page at www.razoo.com/story/Colorado-First.
Giving Society Updates

Dr. Lloyd A. Stone Pinnacle Society
The Dr. Lloyd A. Stone Pinnacle Society is in memory of Dr. Stone’s enduring legacy to the counseling profession. The Pinnacle Society gratefully recognizes donors who make substantial investments in the counseling profession through the NBCC Foundation, with donations starting at $50,000.

Pinnacle Society Members
Dr. Thomas Lovett

Counseling Legacies Society
The NBCC Foundation thanks the members of the Counseling Legacies Society. The society recognizes donors whose dedicated support makes the Foundation’s enduring contributions to the underserved possible. Donors’ lifelong giving is acknowledged at the following levels:

- Supporter ($1,000–$4,999);
- Facilitator ($5,000–$9,999);
- Mentor ($10,000–$24,999); and
- Advocate ($25,000–$49,999).

Advocate
Dr. Thomas Clawson

Facilitator
Dr. John McCarthy

Supporter
Mr. Fred L. Adair Jr.
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NBCC Foundation Announces Photo Contest

Join us... for a winter-themed photo contest!

The NBCC Foundation announces its second photo contest. Entry into the contest will be open to active NCCs and voting for photos will be open to the public. Winning photos will be used for the next group of Foundation Honor Cards, which donors can use to acknowledge that a donation has been made in recognition of an individual.

The theme of the photo contest is winter holiday photos, and the Foundation encourages photos that represent its priority areas of military, minority and rural populations. Watch for an e-mail announcement soon with more details.
Volunteers Expand NBCC Foundation Resources

as they further develop areas of expertise, conduct research and complete their doctoral degree. The mentor program will expand to include the scholarship program in 2014 in order to address the challenge of implementing sustainable counseling practices in underserved and often under-resourced communities.

The NBCC Foundation kicked off 2014 with 53 scholarship reviewers, the largest number to date. These dedicated individuals completed an online training and evaluated a record number of 278 scholarship applications for the military, minority and rural scholarships. Volunteer reviewers enable the Foundation to invest donors’ gifts to increase the number of scholarships that are effectively awarded. The NBCC Foundation launched its international volunteer program with the pilot project in Romania to support the 2013 GCDF scholarship recipients.

The NBCC Foundation is constantly seeking to develop collaborative partnerships with NCCs. If you are interested in joining the Foundation family as a volunteer, please submit a letter of interest and curriculum vitae to foundation@nbcc.org, subject line “volunteer.” For more information on volunteer opportunities and to meet our featured volunteers, please visit www.nbccf.org.

The NBCC Foundation is also proud to announce the continued success of its first webinar series, Innovations in Counseling: Working With Minority Populations. This training series is part of the NBCC Minority Fellowship Program (MFP) and is made possible by a grant from the Substance Abuse and Mental Health Services Administration (SAMHSA). The series provides additional training resources for the 24 inaugural MFP Fellows and is also available at no cost to Foundation Scholars and all NCCs and GCDFs in good standing. All 289 participants who completed the survey for Session 5: Arab-American Perspectives on Counseling said that they would attend another workshop presented by the Foundation.

Look for announcements of future sessions of both webinar series by e-mail and at www.nbccf.org/webinar.
Newly Approved Continuing Education Providers

American Academy of Pediatrics (AAP) Department of Education; #6620; Elk Grove Village, IL; www.aap.org

American Red Cross (ARC) Services to the Armed Forces; #6622; Washington, DC; www.redcross.org

CollegeWeekLive; #6596; Needham, MA; www.CollegeWeekLive.com

The Daring Way, LLC; #6639; Houston, TX; www.thedaringway.com

Edwards Psychotherapy; #6638; Portland, OR; www.edwardspsychotherapy.com

Mission Hospital; #6634; Leicester, NC; www.mission-health.org

Novant Health—Forsyth Behavioral Health; #6645; Winston Salem, NC

PACT Institute; #6641; Calabasas, CA; www.stantatkin.com

Rebound Behavioral Health; #6644; Lancaster, SC; www.reboundbehavioralhealth.com

Spirit Open Equestrian; #6643; Great Falls, VA; www.spiritopen.org

Trauma-Informed Training Group; #6640; Richardson, TX; www.trauma-informedtraining.com

University of Central Florida Counselor Education Program; #4588; Orlando, FL

University of North Carolina at Chapel Hill School of Social Work; #6642; Chapel Hill, NC; http://ssw.unc.edu

University of West Alabama School Counseling Program; #4587; Livingston, AL

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